

Going to Extremes

Ready to ditch that
buzz-kill teenage existence and do
something different this summer?



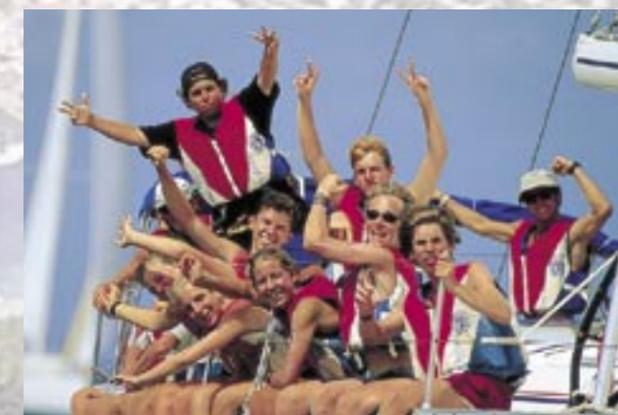
water skiing, and yacht systems and navigation. But it's the intangibles gained – self-reliance, teamwork, leadership skills – that make a positive difference in all the years to come.

The most extensive programs are in the British Virgin Islands, where the group sails on 50-foot yachts for 21 days from island to island, with the shipmates responsible for everything from the taking the helm to cooking the

The idea is to design an experience that will assist young adults in expanding their own potential along the path to making their lives more extraordinary.

A tall order? ActionQuest has offered sailing and scuba diving live-aboard adventures for teenagers for 25 years. The most tangible results of the basic three-week voyages for 13- to 19- year-olds are sailing and scuba-diving certifications. Shipmates, as ActionQuest calls them, also go home having learned windsurfing, wakeboarding,

meals in the galley. In the serene waters of the BVI lie vivid reefs and submerged arches, home to a diversity of life that makes learning to dive well worthwhile. These islands also have a rich seafaring history, from pirates and buried treasure to the wreck of the RMS Rhone that went down off Salt Island in 1867 and now provides a thrilling wreck dive.



Students in some courses can go for advances dive certifications in specialties from underwater photography to search and recovery and learn Marine Biology (dive certification required) in others.

If sailing is the core interest, ActionQuest's three-week course in the Leeward and French Caribbean Islands offers more extensive sailing certification, including coastal cruising and navigation.

Whichever course you choose, you can't go wrong with these adventure educators who teach serious subjects and life skills with a sense of humor and belief in the abilities of young people.

For more information visit ActionQuest at www.actionquest.com or call 1-800-317-6789.

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